

Class –Balvatika-1

My First Hand Impression

Date – 8th April,2026

A thoughtfully designed classroom activity 'My First Hand Impression' was conducted for the learners of Balvatika–1 to promote active participation and holistic development. The initiative aimed to create an engaging environment where students could learn through experience, exploration and interaction, making the process both enjoyable and meaningful.

The students participated with great enthusiasm, displaying curiosity and a willingness to learn. They were encouraged to express themselves, collaborate with their peers and engage in the activity with confidence. Such experiences play a vital role in nurturing essential skills like coordination, communication and creativity among young learners.

Children were provided with colours and were guided by the teacher to dip their hands in the paint. With proper assistance, they gently placed their painted hands on paper to create their hand impressions. Each child created a unique print, making the activity special and meaningful. Teachers supported and encouraged the children throughout the process, ensuring they felt comfortable and enjoyed the activity while exploring their creativity.

The classroom reflected a vibrant atmosphere filled with energy, cooperation and joyful learning as every student actively took part. With the continued encouragement and valuable support of Supervisor Ms. Kusum Sethi and PrimaryHeadmistress. Neeru Sachdeva, complemented by the dedicated efforts of the teachers, the activity was carried out in a well-organized and effective manner. The activity contributed significantly to the students' learning journey by providing them with an opportunity to grow, interact and enjoy a positive and enriching classroom experience.

Learning Outcomes-

The learners were able to ;

1. Express themselves creatively through colours and hand impressions.
2. Develop fine motor skills and sensory awareness.
3. Build confidence and feel comfortable in the classroom environment.

Glimpses of Activity –



