

Class: Pre-Primary
Activity: Zumba Dance
Date: 25.4.2026

An energetic Zumba dance session was organized for the Pre-Primary students within the school premises, aiming to promote physical fitness and joyful learning. The session encouraged the students to engage in rhythmic movement while enhancing their coordination and confidence in a lively setting.

Students actively participated by following simple dance steps set to upbeat music, expressing themselves freely and enjoying every moment of the activity. The session was effectively facilitated through the dedicated efforts of the teaching staff, with valuable guidance and support from Supervisor Ms. Kusum Sethi and Primary Headmistress Ms. Neeru Sachdeva, ensuring its smooth and successful execution.

The atmosphere was filled with enthusiasm, movement and positivity as the students danced with great excitement and joy. The session proved to be both enriching and enjoyable, contributing to the students' physical well-being and creating a memorable learning experience.

Learning Outcomes:

Learners were able to

- Improve their physical fitness and flexibility.
- Enhance the sense of rhythm and coordination.
- Boost their confidence and self-expression.

Glimpses of Activity:

