

HAPPINESS CURRICULUM ACTIVITY-REPORT

PRE-PRIMARY DEPARTMENT

MONTH – August '2025

ACTIVITY SESSION – 'Mindful listening'

This activity was done in all Pre-Primary classes and conducted by the respective class teachers.

The activity involves listening to different sound box . Students experimented with various sound boxes and exploring texture and tone which help them to focus on different sounds.

LEARNING OUTCOMES: -

The students were able to: -

- *Improved Listening Skills.
- *Enhanced Self-Regulation.
- *Social Interaction.

SOME GLIMPSES OF ACTIVITY: -



