

## **Class – Pre - Primary**

### **Balance Walk**

**Date – 30<sup>th</sup> July,2025**

The Balance Walk with Book activity was a success. Students had fun while developing essential skills. This activity promoted physical development, self-confidence, and teamwork.

#### **Description**

Teacher distributed books to each student- Students stood up straight and placed the book on their head. They took small steps, keeping their head level and the book balanced. They focused on keeping the book steady, practising balance and concentration.

#### **Learning Outcomes-**

Through this Activity ,the learners were able to –

1. Develop their balance and coordination skills.
2. Enhance their gross motor skills through controlled movement.
3. Enhance their focus and concentration.

#### **Glimpses of Activity**





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