## **Report**

## **Webinar on Parenting Techniques**

Day & Date : Saturday, 23.8.2025

Time: 3.30 p.m. – 4.30 p.m.

**Platform: Microsoft Teams** 

Gyan Mandir Public School, in association with Fortis Healthcare, hosted an enlightening webinar on 'Parenting Techniques', aimed at empowering parents with effective tools to nurture their children with confidence and care. The initiative was taken by honourable Principal ma'am, after several parents expressed the need for guidance on this crucial topic.

The session was graced by Ms. Mimansa Singh Tanwar, a renowned Clinical Psychologist from Fortis Healthcare, who served as the resource person and captivated the audience with her profound insights. She highlighted the importance of listening with empathy, maintaining a balance between discipline and freedom and fostering open communication with children. Her practical tips on handling everyday challenges—ranging from emotional well-being to academic pressure—were deeply appreciated by the parents.

A special highlight of the webinar was the interactive dialogue, where revered Principal Ma'am, Ms. Rajesh Bano Preeya and Primary Headmistress, Ms. Neeru Sachdeva, voiced the questions gathered from parents beforehand. Ms. Mimansa Singh Tanwar answered these questions with clarity, making the session highly engaging. This thoughtful exchange ensured that the session addressed real concerns, making it highly relatable and meaningful.

Parents expressed heartfelt gratitude for the session, describing it as both reassuring and transformative. The webinar not only provided valuable parenting strategies but also strengthened the bond between the school and the parent community. With this initiative, Gyan Mandir Public School reaffirmed its commitment to nurturing not just the students, but also supporting parents in their journey of raising responsible, happy and resilient children.

## **SNAPSHOTS OF THE WEBINAR**





