

HAPPINESS ACTIVITY

PRIMARY SECTION

JULY-2025

ACTIVITY SESSION: MINDFULNESS SECTION:

As the theme says Mindfulness Section the activities were full of learning and full filled activites. There were various story sessions and activities which the students did and enjoyed.

LEARNING OUTCOMES: _

Students were able to: -

- * Differentiate between right or wrong.
- * know that for every problem there is a solution.
- * Learn about our helpers.
- * Know their potential.
- * Learn their abilities.

Sharing the glimpses of the actiites done by our students

Class I A and I B :

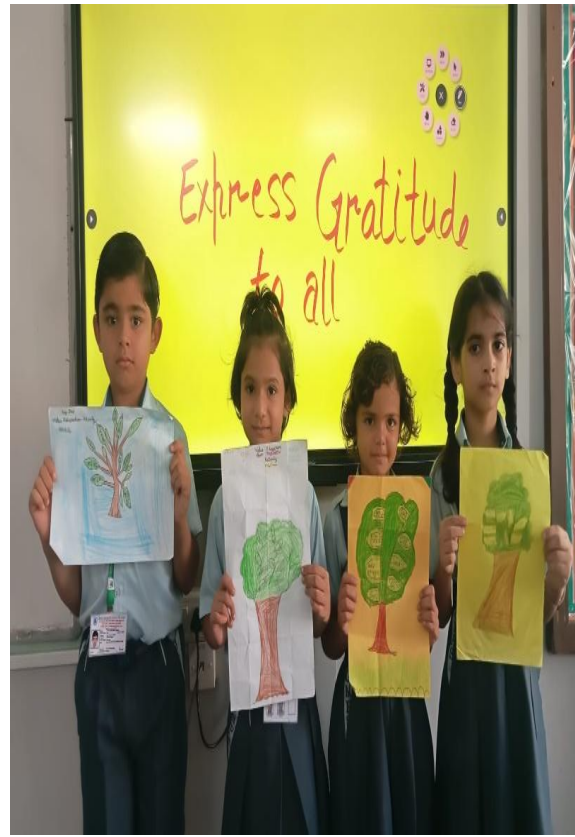
STORIES AND ACTIVITIES SECTION:

The students were told the story by the teacher and they listened carefully about learning to share and being together with their friends when needed.



Class II A and II B :

Express Gratitude to All- Based on the theme they learnt that we should always be thankful for what all we have .We should thank our helpers as they make our life easy.



CLASS III A and III B :

What can I do – A story based on the theme was narrated making children learn that they should do their work on their own . They learnt that they have potential and yes they can do .





CLASS IV A and IV B :

The Joy of Learning - The students were told a story where they learnt that everyone has some ability and each and every person teaches us something. They shared their views by telling the qualities of their friends.



CLASS V A and V B:

Mindful Listening and Seeing – The students were narrated a story based on what is right or wrong. They were told about various problems and they themselves told the solution of those problems, making them learn that every problem has a solution. They also enacted some actions and their friends had to guess whether the action done is right or wrong.

