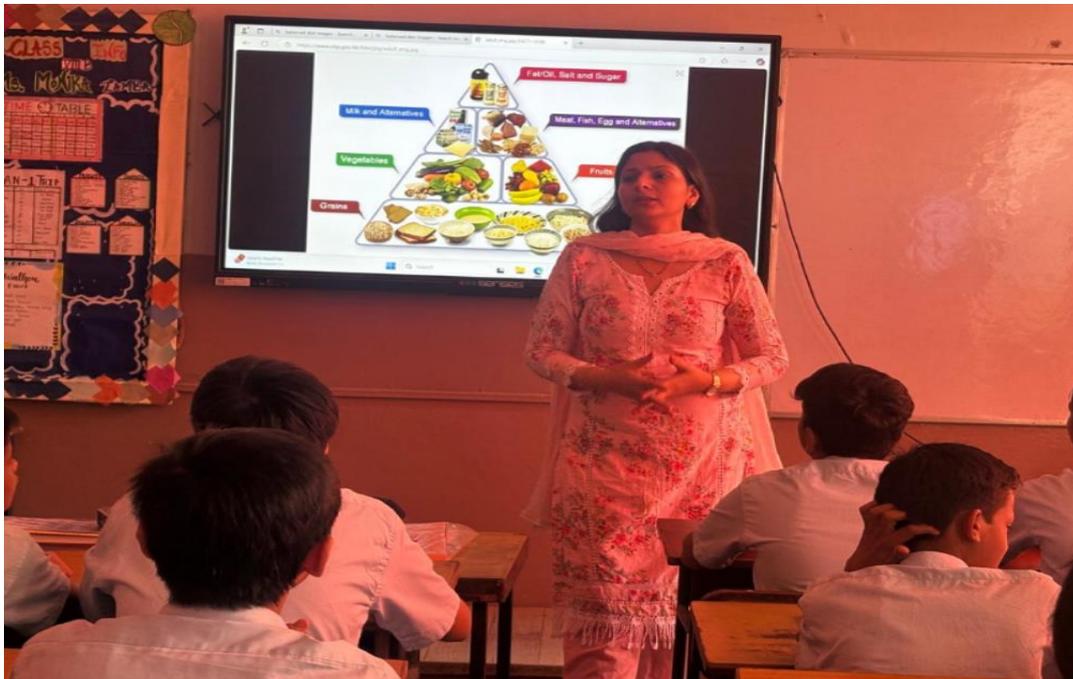


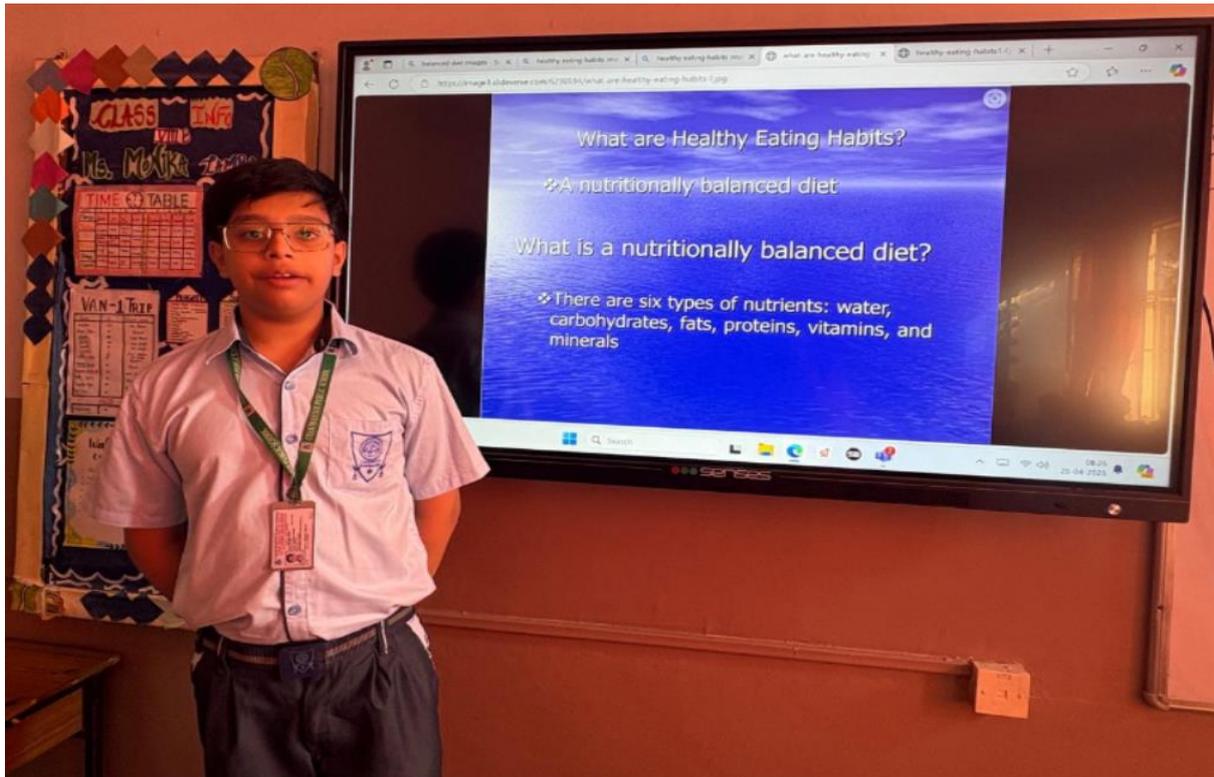
Report: Gyan Mandir Public School Celebrates Poshan Pakhwada 2025

Gyan Mandir Public School recently celebrated Poshan Pakhwada 2025, a nationwide initiative aimed at promoting nutrition and healthy eating habits. The school organized various activities to educate students about the importance of a balanced diet, nutrition, and healthy eating habits.

➤ Awareness Program:

The school conducted interactive sessions that focused on the benefits of healthy eating habits, balanced diet, and nutrition. These sessions were designed to educate students about the importance of consuming a variety of foods, including fruits, vegetables, whole grains, and lean proteins. The sessions were engaging and informative, and students actively participated in discussions and Q&A sessions.

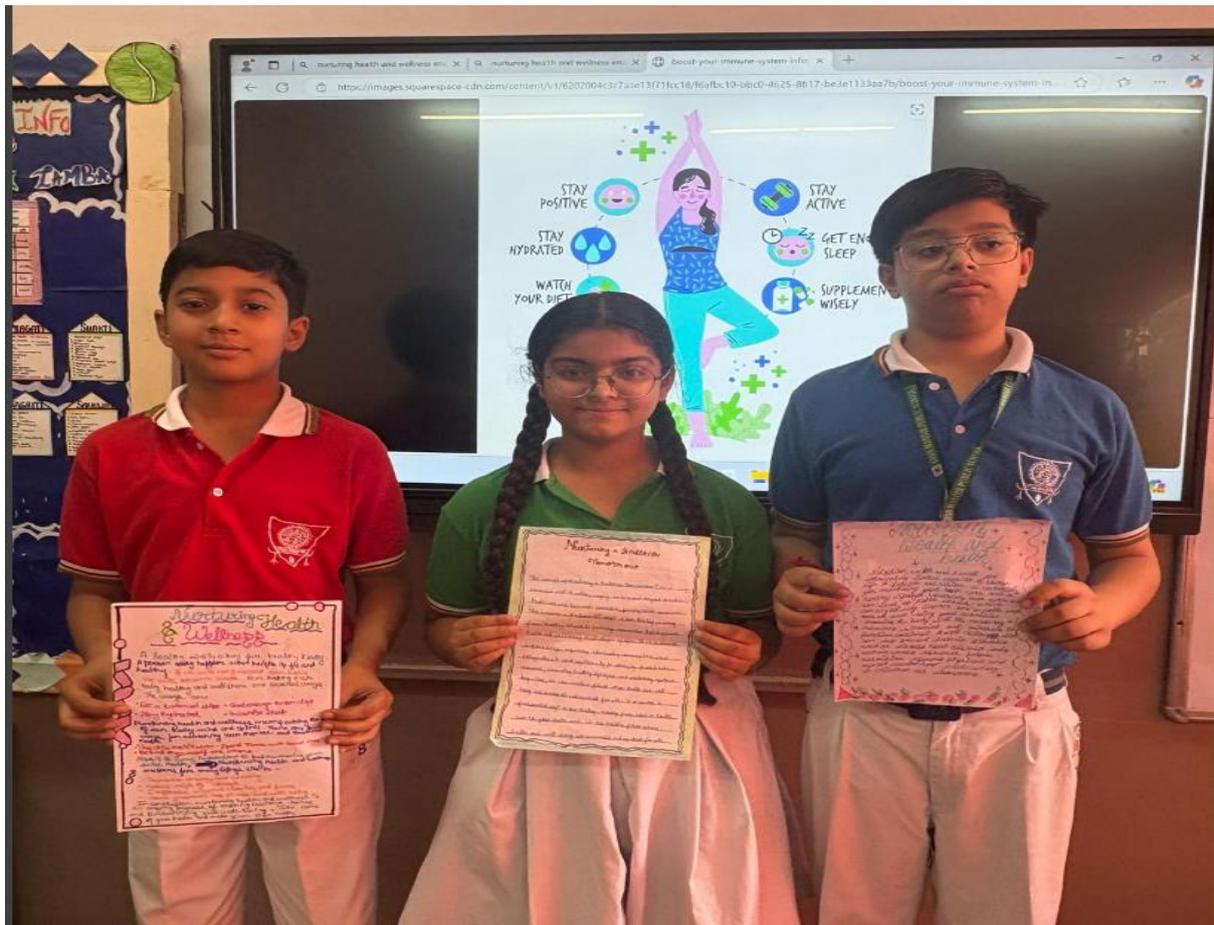


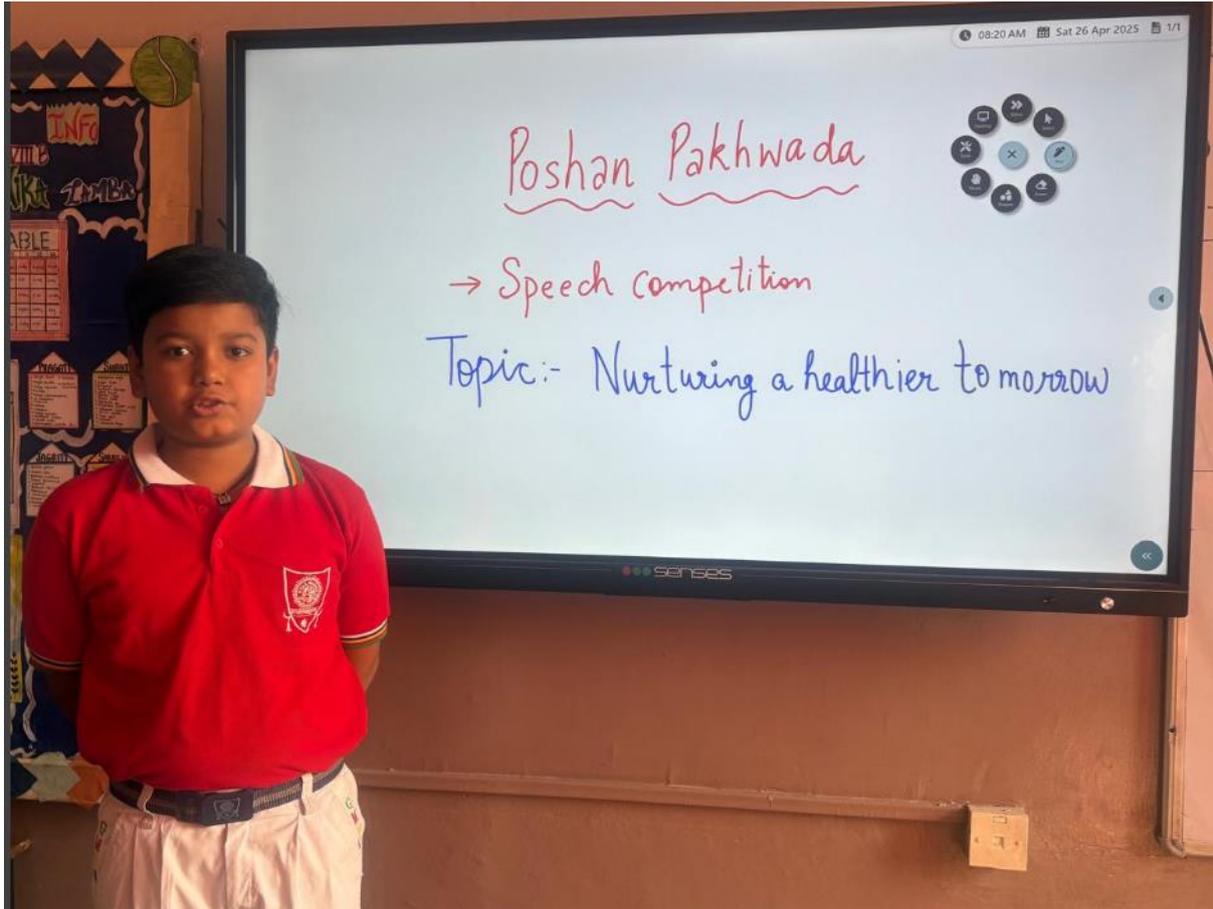


➤ **Competitions and Events:**

To make the celebration more engaging, the school organized various competitions and events, including essay writing and drawing competitions. Students enthusiastically participated in these events, showcasing their creativity and knowledge about nutrition and healthy eating

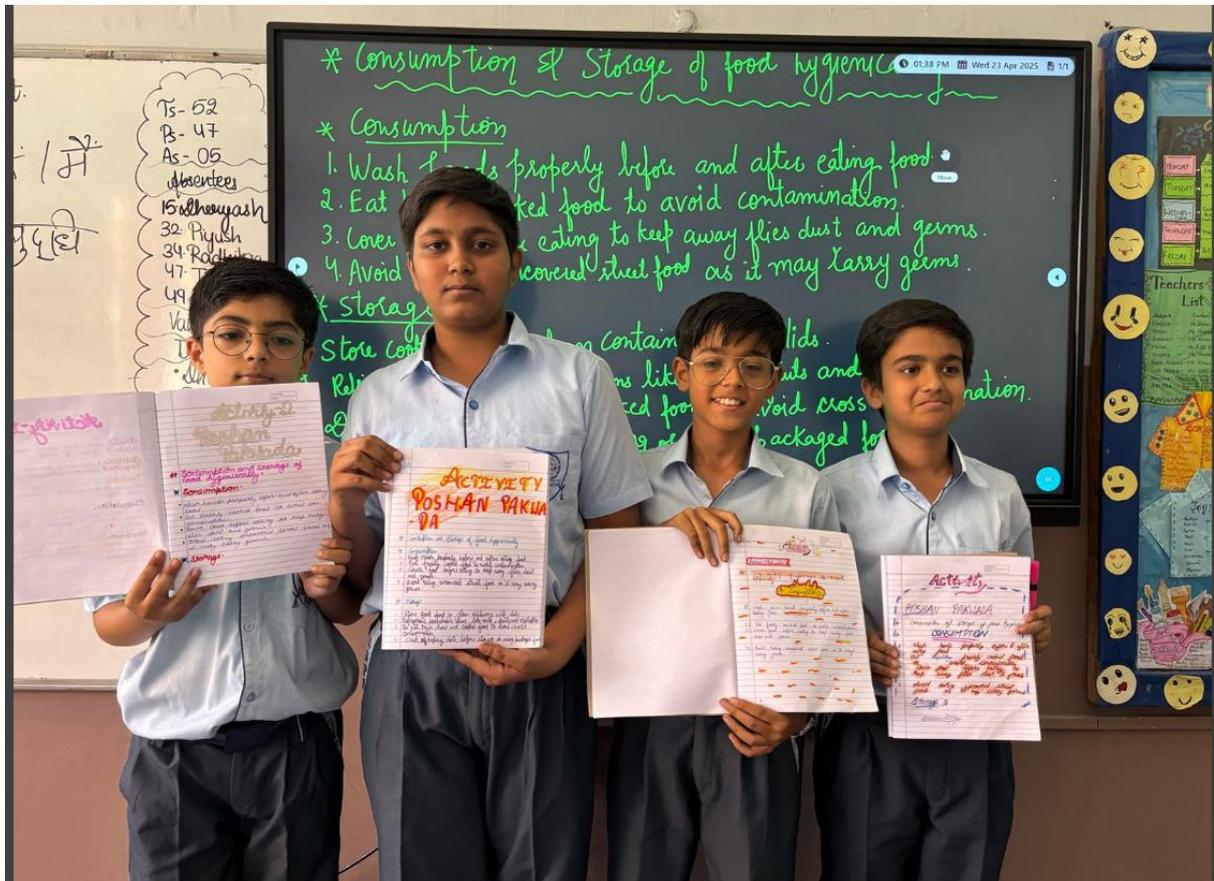
habits. The competitions provided a platform for students to express their thoughts and ideas on the importance of nutrition and health.

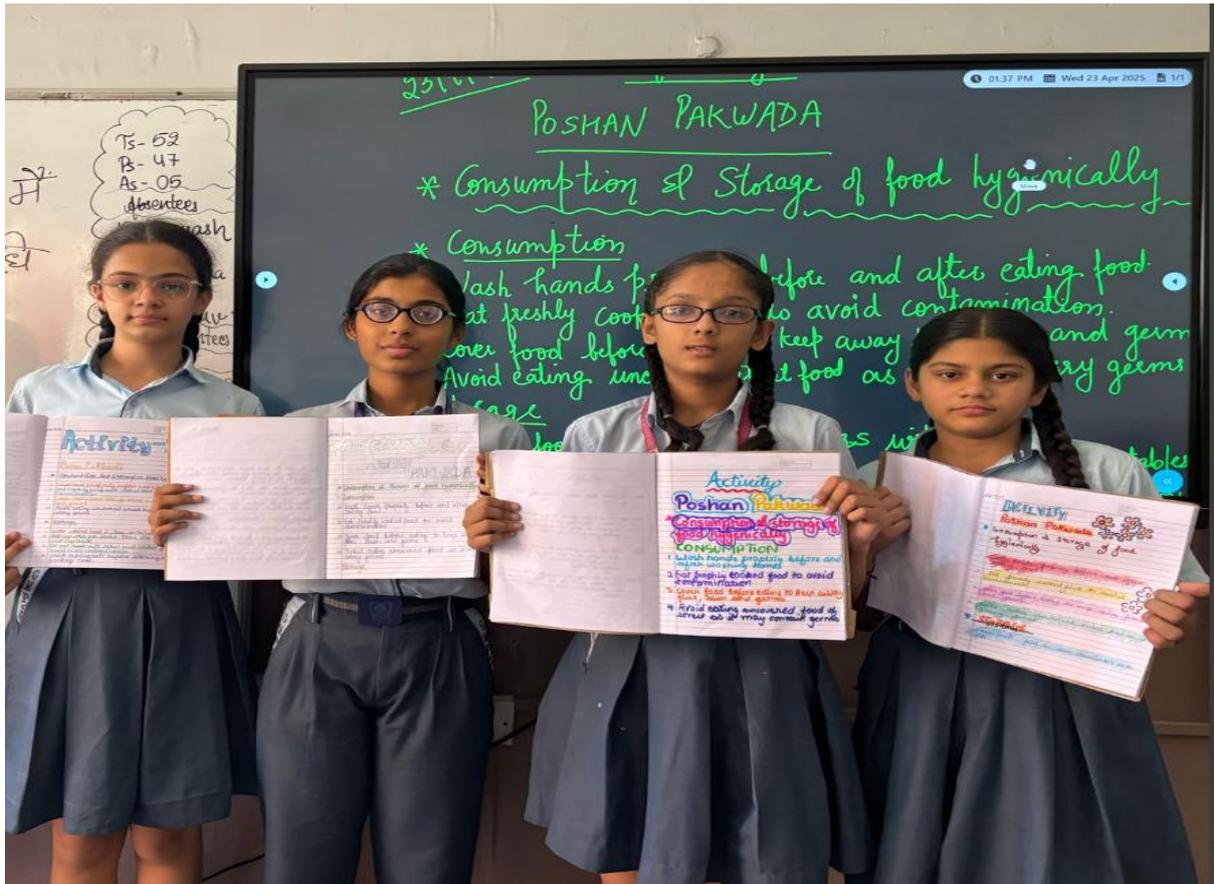


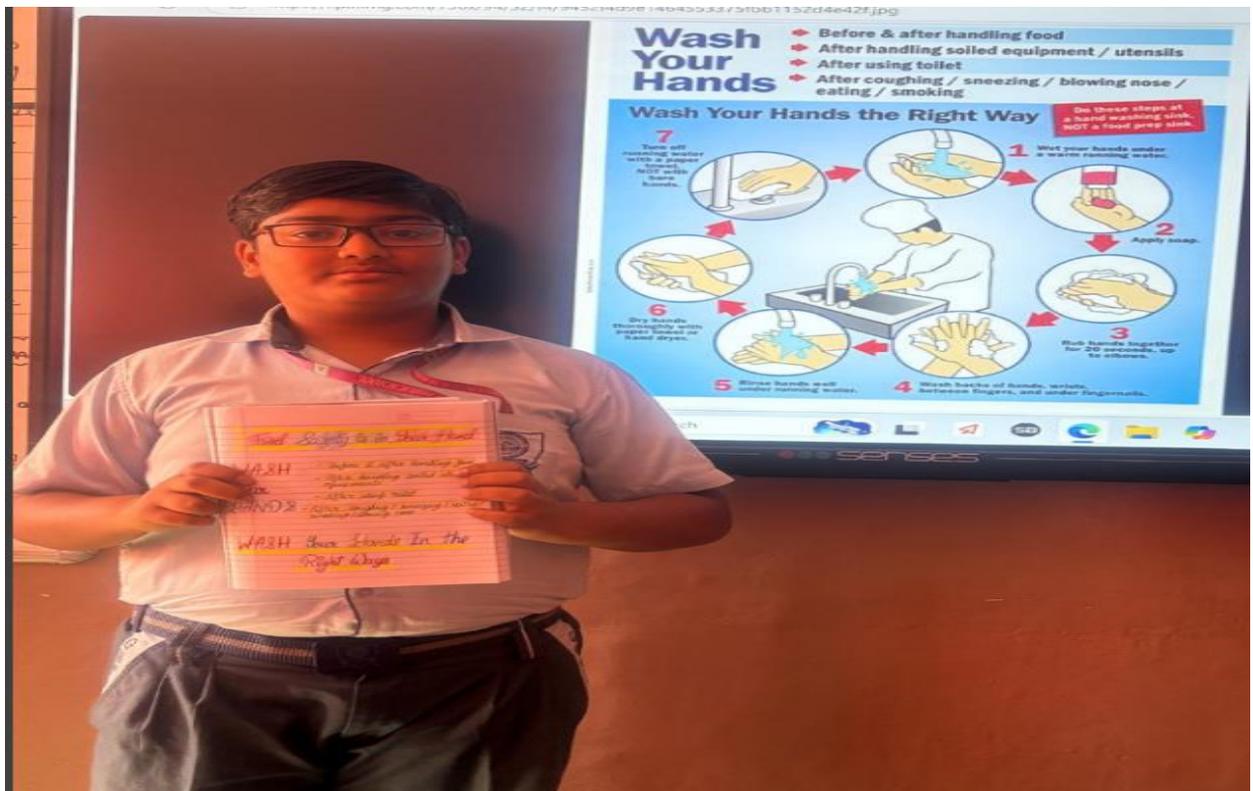
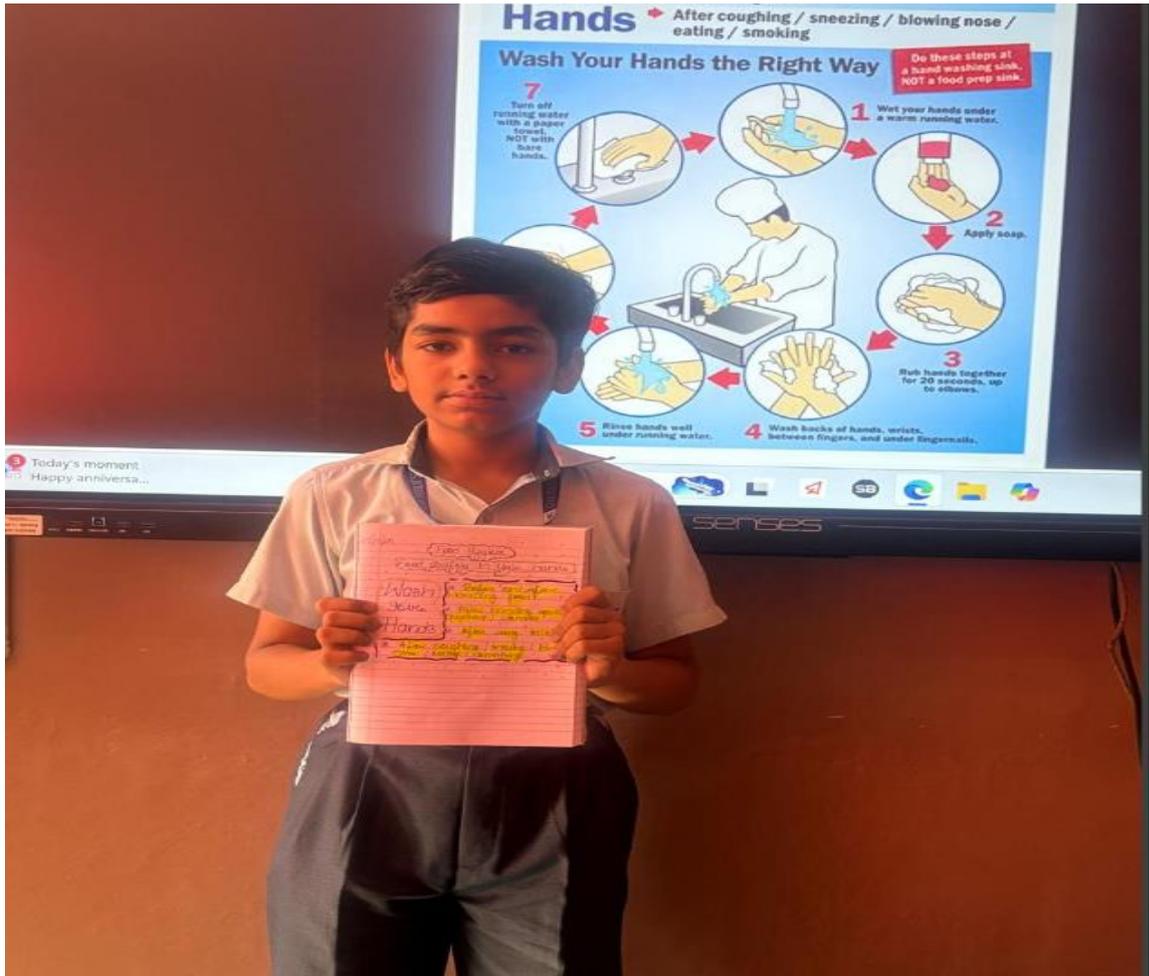


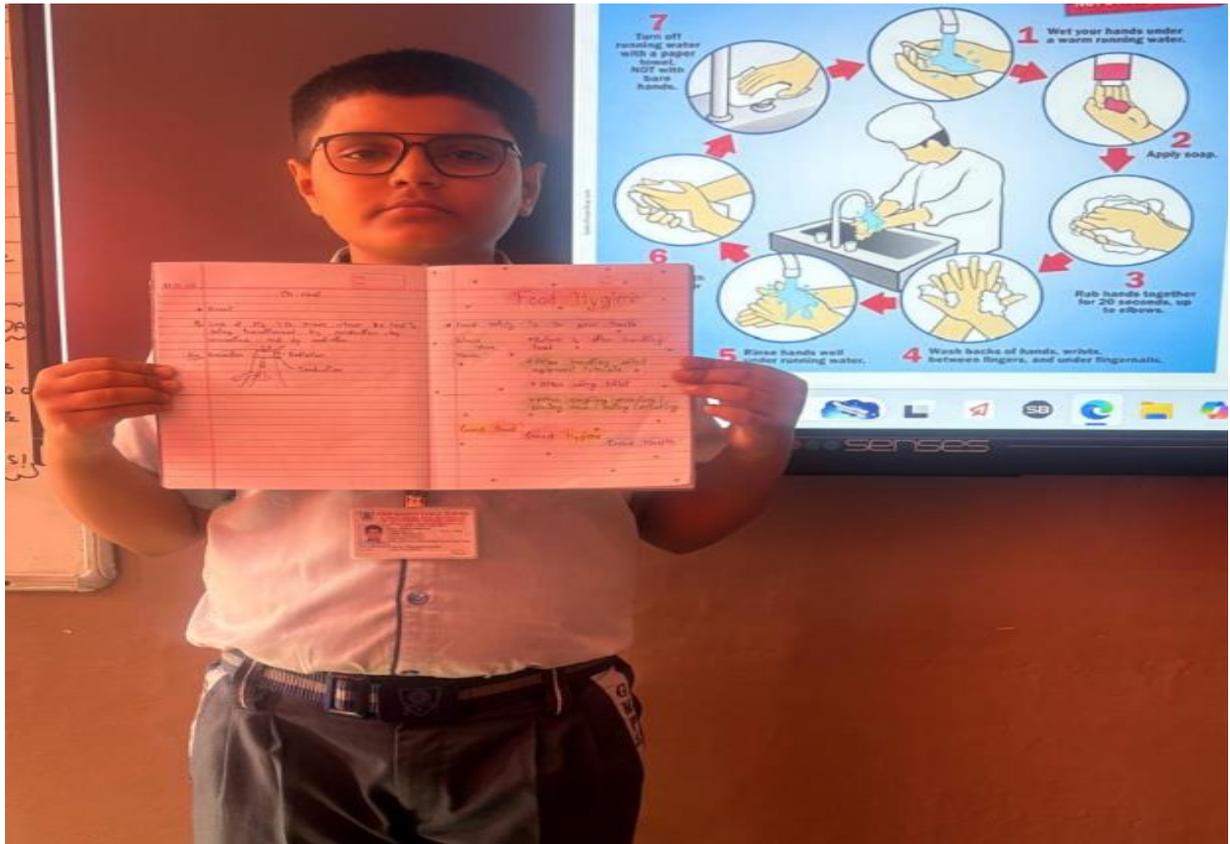
➤ **Health and Hygiene Awareness:**

The school also sensitized students to the importance of hygiene and cleanliness in food preparation, storage, and consumption. Students learned about the importance of washing hands regularly, storing food properly, and consuming clean and safe food. This awareness program aimed to promote healthy habits and prevent food-borne illnesses.









Conclusion:

The celebration of Poshan Pakhwada 2025 at Gyan Mandir Public School was a valuable experience for students, teachers, and staff. The initiative promoted awareness about nutrition, health, and hygiene, and encouraged students to make informed choices about their diet and lifestyle. The school looks forward to continuing such initiatives in the future to promote the overall well-being of its students.